



JECSD

Athletic and
Extracurricular
Policy Handbook

UPDATED JULY 2024

ACKNOWLEDGEMENTS

- Thank you to the members of the 2011-2012 Athletic Policy Committee who wrote the original document.
 - Thank you to the members of the 2021-2022 District Health and Wellness Committee who revised this document to encompass the athletic and extracurricular programs.
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SECTION I

Mission

To cultivate the BEST in personal growth and achievement

Vision

Providing the BEST in educational opportunities by...

- Sustaining a culture that supports the intellectual and developmental needs of all
- Being committed to excellence in education and exceeding expectations
- Building a safe, dynamic learning environment where all are valued and respected
- Expanding our home-school-community partnerships
- Operating in a fiscally responsible manner

Values

JE EAGLES are...

Just and caring

Excellent in all that they do

Ethical in their behaviors

Accepting of all

Global thinkers

Learners first

Examiners of why and how

Selfless

SECTION II

Purpose

- The purpose of the Jordan-Elbridge Athletic and Extracurricular programs is to support the District's mission, vision and values. The responsibility for fulfilling this purpose lies with the entire school community: students, parents, staff, administrators, coaches and advisors.

SECTION III

Definition of Participant

A participant is a student who is committed to dedicating the time and effort necessary to achieve excellence.

Participant Expectations

A Jordan-Elbridge participant will act in a manner consistent with the District's mission, vision, and values.

A Jordan-Elbridge participant, while modeling the District's values, will demonstrate:

- Responsibility
- Accountability
- Dedication

- Trustworthiness
- Self-control
- Enthusiasm
- Grace under pressure
- Class
- Respect
- Fairness
- Caring
- Persistence
- Perseverance
- Dedication
- Loyalty
- Teamwork
- School spirit
- Pride

Any action that is inconsistent with the District's mission, vision and values is unacceptable. Any action that is prohibited by the District's Code of Conduct is unacceptable. Examples of unacceptable behavior include but are not limited to:

- Taunting, intimidation, or hazing
- Abusive or disrespectful behavior toward officials, opponents, coaches, advisors and/or spectators
- Substance abuse
- Failure to respect individual differences
- Excessive celebration
- Intimidation or humiliation of teammates
- Academic failure
- Pressuring peers to break the code of conduct

Procedures Related to Participation in the Athletic and Extracurricular Programs

- Every participant must obtain a copy of the JE Athletic and Extracurricular Programs Policy handbook.
- Copies of this handbook are available on the district's website and from the athletic director's office. Additionally, copies will be made available at all pre-season meetings.
- Students are required to read, sign and submit a verification form before they can begin participating in a sport or extracurricular activity.
- Every participant must also complete and submit a sign-up packet, which is available on-line. If you do not have on-line access, contact the health office or the athletic office and a hard copy version will be sent to you.
- A parent is the person who is to complete the sign-up packet. This is not a form that students complete on their own.

Note:

- ✓ Each school nurse will notify advisors and coaches about any participant who has an allergy and who, as a result, may require an EpiPen injection.

Additional Procedures Specific to Athletes

- Every athlete must have a sports physical on file prior to the start of the season.

- Physical records are maintained in the health office.
- Sport physicals are valid for one calendar year.
- A student who wishes to have the school doctor perform his or her sports physical should contact the health office for further details.
- A student may have his or her private physician perform the sports physical; however, the school's doctor must grant his or her endorsement before the student can begin participation.

Notes:

- ✓ Sports physical forms are available in the health office and the main office of each building.
- ✓ The athletic health eligibility form should be submitted to the school nurse. The school nurse will review said form and forward it to the athletic director for his or her approval. All coaches will receive copies of the approved forms.
- ✓ In order to be considered eligible, a student must be in good standing with the athletic department. A student is in good standing if she or she has returned all previously issued school equipment and uniforms or made restitution.

Academic Eligibility

- Students participating in athletics and extracurricular activities are expected to maintain passing grades in all academic classes.
- Students who have a grade of 64 or lower in two or more classes at the mid or end-points of a given marking period must meet the following criteria to be considered academically eligible:
 - Attend class;
 - Be on time for class;
 - Complete classwork and homework in a satisfactory manner;
 - Stay with teachers for extra help;
 - Submit the academic probation form according to procedures;
- For an athlete who is failing two or more subjects, the Director of Health, Physical Education and Athletics will review the student's academic probation form every week.
- For a participant in an extracurricular activity who is failing two or more subjects, the advisor will review the student's academic probation form every week.
- *For athletics:* A student's eligibility may be reinstated only if he or she:
 - ✓ Submits the academic probation form, signed by the teachers of the deficient subject areas, to the Director of Health, Physical Education and Athletics.
 - ✓ Earns a satisfactory standing in all the subject areas he or she is failing.
- *For extracurricular activities:* A student's eligibility may be reinstated only if he or she:
 - ✓ Submits the academic probation form, signed by the teachers of the deficient subject areas, to the advisor.
 - ✓ Earns a satisfactory standing in all categories of the subject areas he or she is failing.

- During the first week of the academic eligibility period, a student may participate and compete in all contests and activities. However, if a student fails to abide by the conditions specific to academic probation, he or she will be ineligible the following week. Academic eligibility shall commence immediately after meeting with the Director of Health, Physical Education and Athletics or advisor, should all conditions be met. The Director of Health, Physical Education and Athletics Or advisor will be responsible for informing the parent or guardian, within a 24 hour period, of a student's eligibility. If a student fails to submit his or her academic probation form by the deadline (Monday at 2:50PM) he or she will remain ineligible.
 - A student will need to continue to have his or her academic probation form signed each week until the next grade report is issued.
 - At the five and ten week marks, the Director of Health, Physical Education and Athletics, advisor or building administrator will check the student's grade report. If the student is no longer failing two or more classes the academic probation ends.
- Regardless of the previous year's academic performance, a student is eligible to participate during the first week of the next school year; however any student who failed two or more subjects at the end of the previous year is immediately placed on academic probation. Subsequently, if a student does not abide by the conditions specific to being on academic probation, he or she will remain ineligible for the following week.

Notes:

- ✓ Successful completion of failed courses during the summer will result in immediate reinstatement upon submission of proper documentation to the Director of Health, Physical Education and Athletics or advisor.

Ineligibility Period

During a student's ineligibility period he or she must attend all practices and contests and conduct him or herself in a manner befitting the athletic or extra-curricular program.

Notes:

- ✓ Athletes who are ineligible may not dress in a game uniform; however, they are expected to attend contests to support their teammates.
- ✓ A scrimmage is a form of practice and does not qualify as a contest as defined in the New York State Public High School Athletic Association's handbook.

Athletic Placement Process Specific to Athletes

The Athletic Placement Process (APP) is a protocol governed by the NYSPHSAA (New York State Public High School Athletic Association) and approved by the Board of Education. The intent of this process is to allow mature, exceptionally skilled athletes to advance to an upper level. This process is not to be used to fill positions on teams, provide an athlete additional experience or to reward an athlete. The athletic placement process is also designed to create a more equitable and competitive learning environment for athletes at the modified level.

The District considers an athlete for athletic placement on a case-to-case basis. If a student is selectively classified, every effort will be made to keep experienced, upper-class athletes on the

respective team. The process of selectively classifying an athlete will involve a discussion with the student and his or her parent. Pending parent agreement, the head coach will submit the name of the athlete to the Director of Health, Physical Education and Athletics. The process will then commence as follows:

- Parents must sign a permission slip approving the start of the Athletic Placement Process.
- The school's medical director will perform a physical screening.
- The Director of Health, Physical Education and Athletics or a member of the PE staff will administer a physical fitness test.
- An athlete who passes both the physical screening and the physical fitness test will then be allowed to try out for the given sport. At the end of a maximum five day try-out period, the head coach will assign the athlete to the junior varsity or varsity team or return said student to his or her previous level.
- When an athlete is placed at a higher level, he or she permanently loses the opportunity to play at the modified level of that given sport.
- Each time an athlete is under consideration to play at an advanced level, he or she must go through the selection/classification process.

If an athlete can successfully meet the requirements of the athletic placement process, he or she will be allowed to participate in an extended athletic career. Under normal circumstances a student is only eligible for senior high athletic competition in a sport for a total of four consecutive seasons, commencing with the student's entry into the ninth grade. However, by meeting the selection/classification requirements, an athlete's eligibility can be extended to permit participation during five consecutive seasons in the approved sport after entry into the eighth grade. The selection /classification process occurs three times a year per the deadlines listed below:

- Modified athletes have until 50% completion of their respected modified season to be selectively classified.

Quitting Teams/Activities

If a student, who has participated in a sport or extracurricular activity for 15 or more practices, decides to quit, he or she will be deemed ineligible for 50% of his or her next season's contests or events for their next registered sports season. This rule also applies if a student is dismissed from a team or activity. The coach or advisor is responsible for notifying the parent in the event that a student makes the determination to quit.

Additionally, students who quit a sports team may not immediately tryout for another sports team during that same season.

Notes:

- ✓ Athletes who have been cut from a team due to the evaluation/tryout process are immediately eligible to try out for another sport during that same season.
- ✓ A student who has quit his or her athletic team or extracurricular activity due to extenuating circumstances may petition the JE Athletic and Extracurricular Policy Appeals Review committee for a waiver. This committee will be comprised of building administration, the Director of Health, Physical Education and Athletics, a coaching representative, an advisor representative, a staff representative, a parent representative and a student body representative. At the hearing, the student is expected to be accompanied by his or her parent. During the hearing, the student may present factual evidence and testimony to support his or her cause. Upon review, the committee may decide to enforce the aforementioned penalty or it may offer a waiver to the student.

Rules Relating to Misconduct

It is the expectation that all participants in the Jordan-Elbridge Athletic and Extracurricular programs will exhibit pride, dignity, compassion and character. The practice of "hazing" or bullying is prohibited in school buildings and on school premises. Additionally, such behavior is prohibited at any district-sponsored activity, on or off school grounds. According to the U.S Department of Justice, *bullying* is defined as a form of aggressive behavior manifested by the use of force or coercion to affect others, particularly when the behavior is habitual and involves an imbalance of power. Bullying can include verbal harassment, physical assault or coercion. Bullying may be directed toward a particular victim on the grounds of race, religion, gender, weight, sexuality, and/or ability. Cyber-bullying is the use of technology to harass, threaten, embarrass, or target another person.

A Jordan-Elbridge student who, after administrative investigation, is determined to have engaged in any form of bullying will be subject to disciplinary measures as set forth in the District's Code of Conduct. These measures can include, but are not solely limited to:

- ✓ Suspension from practices, games, and/or contests
- ✓ Suspension from school
- ✓ Dismissal from the team or activity;
- ✓ Dismissal from the athletic or extracurricular program.

No student as outlined in the District's Code of Conduct may use, possess, sell, purchase or distribute tobacco products (tobacco cigarettes, electronic cigarettes, cigars, chewing tobacco, snuff), alcohol and/or other substances. The term "alcohol and/or other substances" refers to the use of all substances including, but not limited to alcohol, inhalants, marijuana, cocaine, LSD, PCP, amphetamines, heroin, bath salts, steroids, representation of drugs, and any of those substances commonly referred to as *designer drugs*. The inappropriate use of prescription and over-the-counter drugs is also prohibited.

Note:

- ✓ The use of tobacco products, alcohol, and/or other substances has been proven to be detrimental to health and athletic performance. An athlete is expected to maintain the prescribed training rules for his or her own health and the betterment of the team.

Misconduct Reports

The Director of Health, Physical Education and Athletics and/or building administrator will monitor misconduct reports. The Director of Health, Physical Education and Athletics or building administrator will inform coaches and advisors as appropriate.

- A student's first misconduct report will result in a warning by the coach or advisor. All other misconduct reports will result in a suspension from the next scheduled practice/contest at the discretion of the coach, advisor, Director of Health, Physical Education and Athletics and/or building administrator. All in-school and out-of-school suspensions will also result in a suspension from the next contest, event, or activity for the student. Behavior subject to a superintendent's hearing may include, but is not limited to, fighting, stealing, bullying, and weapon possession.

Code of Conduct Violations

Alleged violations of the District's Code of Conduct must be immediately reported in writing to the Director of Health, Physical Education and Athletics or advisor. Upon notification of an alleged violation, the Director of Health, Physical Education and Athletics, advisor, or building administrator will begin an investigation of the incident. If a student is found to have violated the code of conduct, the following consequences shall be applied:

First offense during a season:

- The Director of Health, Physical Education and Athletics, coach, advisor or administrator will meet with the student and his or her parent to discuss the matter and outline the concern.
- The penalty for a first offense shall be a suspension from the sport or activity for 20% of the total sports season. The suspension from the sport or activity will begin immediately following the meeting with administration.
- The student will be expected to complete five sessions with a school-approved alcohol/drug counselor.
- The student will not be allowed to practice with the team or extracurricular group during his or her suspension period.
- The student will not be allowed to dress for any contests, games or performances during his or her suspension period.
- A meeting with the student, the student's parent, the, Director of Health, Physical Education and Athletics the principal, the coach, the advisor, and/or a guidance counselor will be held prior to the student's re-instatement.

Second offense during a season

- The penalty for a second offense shall be suspension from the sport for the season.
- The penalty for a second offense shall be suspension from the extracurricular activity for a marking period.
- The student will be expected to complete five sessions with a school-approved alcohol/drug counselor.
- The student will not be allowed to practice or formally perform with the team or extracurricular group during his or her suspension period.
- The student will not be allowed to dress for any contests, games, or performances during his or her suspension period.
- A meeting with the student, the student's parent, the Director of Health, Physical Education and Athletics, the principal, the coach, the advisor, and/or a guidance counselor will be held prior to the student's reinstatement.

Third offense during a season:

- The penalty for a third offense will be permanent suspension from the District's athletic and extracurricular programs *for the remainder of the school year.*

Due Process

The due process procedures, as identified in the District's Code of Conduct, will be followed. The student and his or her parent will be informed in writing by the Director of Health, Physical

Education and Athletics or building administrator of the violation and proposed penalty. Should the student and/or the student's parent desire a meeting to clarify and discuss the basis on which the penalty is being imposed, a written request must be submitted to the Director of Health, Physical Education and Athletics or building administrator within 72 hours of notification of the investigative findings.

Notes:

- ✓ A student, Director of Health, Physical Education and Athletics or building administrator may ask that the athletic/extracurricular policy/appeals review committee be convened.
- ✓ Should the student and/or the student's parent wish, they might submit a written request to appeal a third offense penalty to the superintendent of schools whose decision shall be final and binding.

Rules Relating to Attendance

All students must arrive no later than 10 minutes after the start of the school day and remain in school the entire day in order to participate in any activity, practice or contests. Students who arrive after 10 minutes due to a legal reason, other than sickness, may participate in an activity, practice, or contest only upon the submission of an official notification from a doctor, dentist, or college official. If a student arrives to school late and does not have a legal excuse, he or she will not be allowed to participate.

Notes:

- ✓ Absences and tardiness due to illness will exclude students from activities, practices or games on that same day unless otherwise excused by a physician.
- ✓ Attendance will be monitored by the school nurse, Director of Health, Physical Education and Athletics, athletic department personnel, coach, and/or or advisor on a daily basis.
- ✓ Students are to communicate with their coach or advisor if they are going to be absent for any reason.

Students involved in the District's athletic and extracurricular programs will understand the significant commitment that participation requires. Attendance at all practices, performances, and/or contests during the season is required. Excused absences in excess of two days require practices to be made up at the discretion of the Director of Health, Physical Education and Athletics, building administrator, coach or advisor. This attendance requirement is inclusive of vacation times. These guidelines will be administered consistently across all sports and extracurricular activities.

Notes:

- ✓ Exceptions to the attendance requirements will be made for absences due to college visits, school-sponsored trips, family tragedies, and legal absences.
- ✓ A legal absence is defined in accordance with the District's attendance policy. In these situations, the student must provide advanced notice to the coach or advisor in order to be considered eligible to participate once he or she returns. Absences of this kind in excess of 2 days typically require practices to be made up. The number of practices that will be required to be made up will be left to the discretion of the Director of Health, Physical Education and Athletics, building administrator, coach or advisor.

Attendance Specific to Athletes

Uninterrupted participation enhances conditioning and reduces the risk of injury; thus, **attendance at all practices and games during the season is required.** Practice times and dates

are left to the discretion of the Director of Health, Physical Education and Athletics and/or coach. When setting the practice schedule, the Director of Health, Physical Education, and Athletics and/or coach will take into consideration the following factors:

- Physical demands of the sport
- Level of competition
- Practice time available between contests
- Consequences for athletes not attending practices and/or games during vacation periods (practices over scheduled school breaks/vacations are required)

Participation in PE

Students must actively participate in physical education class in order to be eligible to practice, play, or perform in a contest or an activity that same day. PE Teachers should notify the coach and Director of Health, PE, and Athletics of students who do not participate.

Equipment/Uniforms

Students are responsible for returning any school-issued equipment or uniforms at the end of the season or upon leaving the team or activity. Participants are required to secure equipment and uniforms throughout the season. Uniforms issued to participants are not to be worn in physical education classes. Uniforms are not to be worn in public except during authorized events. Failure to return school-issued equipment and/or uniforms will require restitution.

Transportation

The District provides transportation to and from contests and performances. In light of liability concerns, students are required to travel to and from all contests and performances on the bus. Riding to and from contests or performances also builds camaraderie and strengthens unity among students, coaches and/or advisors.

In certain circumstances, however, alternate methods of transportation may be approved by the coach, Director of Health, Physical Education and Athletics, advisor, or a district administrator.

- A student's parent must complete and submit to the coach or advisor the alternate transportation form if they wish to take their child home from an event.
 - A new form must be completed by the parent on each occasion.
 - The coach or advisor is to submit all transportation forms to the Director of Health, Physical Education and Athletics or a building administrator the day after the event.
 - Consent for alternate transportation will not be granted by any coach or advisor to any participant without a completed alternate transportation form.
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- In the event of an emergency or extenuating circumstance, the parent will be allowed to transport their son/daughter without prior approval. This exception will be at the discretion of the coach, advisor, or district administrator. These conditions may include, but are not limited to, family emergency, injury and illness.
 - Under extenuating circumstances, a parent may take his or her student to a contest provided the parent has obtained prior approval from the Director of Health, Physical Education and Athletics or a district administrator.
 - No student will be allowed to drive to or from a contest or performance without administrative approval
 - All coaches and advisors must make every effort to inform the Director of Health, Physical Education and Athletics or a district administrator of any extenuating transportation circumstances before they occur.

Chain of Command-Athletic Program

If a concern or question arises, a student or parent is asked to follow the steps outlined below:

- Contact the coach directly to discuss the situation. If the situation remains unresolved contact the Director of Health, Physical Education and Athletics. If the matter remains outstanding, contact the superintendent.

Chain of Command-Extracurricular Programs

If a concern or question arises, a student or parent is asked to follow the steps outlined below:

- Contact the advisor directly to discuss the situation. If the situation remains unresolved contact the building principal. If the matter remains outstanding, contact the superintendent.

Risk of Injury

A certain risk of injury accompanies participation at any level in any activity. Although the District strives to minimize injuries, it should be duly noted that participation could cause serious physical injury or even death. A student who voluntarily chooses to participate in athletics and/or extracurricular programs assumes said risk.

Injury Reporting

If a student sustains an injury while participating in an athletic or extracurricular program, the student must report the injury immediately to the coach, advisor or athletic trainer. Injury reports are to be completed by the coach, advisor or athletic trainer and submitted to the school nurse within 24 hours. If the student has been seen by a doctor, a signed medical release is required before the student can resume participation. In the event of trauma or injury to the head, the student, the student's parent and the student's physician must follow the District's return to play/participation protocol.

Insurance

If a student sustains an injury that requires medical treatment, the responsibility for primary coverage falls to the parent's insurance. The district provides secondary insurance only.

SECTION IV

As of July 1, 2012, NYS school districts are authorized to establish a concussion management team (CMT) in order to establish rules and regulations relative to concussions and ensure that appropriate faculty members are provided training.

The CMT at Jordan-Elbridge is comprised of the following members:

- the district's physician
- the Director of Health, Physical Education and Athletics
- the athletic trainer
- the school nurses
- the school psychologists
- the guidance counselors
- a coach

- a community representative

Overview

The JECSD Athletic Program recognizes that concussions and head injuries are commonly reported in children and adolescents who participate in sports and recreational activity. Therefore, the district adopts the following guidelines to assist in the proper evaluation and management of head injuries.

A Concussion is a mild traumatic brain injury. Concussions occur when normal brain functioning is disrupted by a blow or jolt to the body or head. Recovery from concussion will vary. Avoiding re-injury and over- exertion until fully recovered are the cornerstones of proper concussion management.

Any student demonstrating signs, symptoms or behaviors consistent with a concussion while participating in interscholastic athletic activity will be removed from the game or activity, be evaluated immediately and will not return to play that day. The JECSD staff will notify the student's parents or guardians and recommend appropriate monitoring.

Concussion Management Team/Training

Jordan Elbridge Central School district may assemble a concussion management team (CMT), at the discretion of the district. The CMT may consist of representation from some or all of the following groups: the athletic director, athletic trainer, school nurse, administration, coaches, teachers, parents and student-athletes. The athletic director will set the time and agenda for each meeting, at least one time per year if such a team is assembled.

The District's athletic department should coordinate training for all physical education teachers, nurses, and athletic trainers. Training will be mandatory for all coaches, assistant coaches and volunteer coaches that work with these student-athletes regularly. In addition, information related to concussions should also be included at parent meetings, on the athletics website or in information provided to parents at the beginning of sports seasons. Parents must be aware of the school district's policy and how these injuries will ultimately be managed by school officials.

Training should include: signs and symptoms of concussions, post-concussion and second impact syndromes, return to play and school protocols, and available area resources for concussion management and treatment. Particular emphasis should be placed on the fact that no athlete will be allowed to return to play the day of injury and also that all athletes should obtain appropriate medical clearance prior to returning to play or school.

The school nurse and athletic trainer will act as a liaison for any student athlete returning to school and/or play following a concussion. The athletic trainer and school nurse, in collaboration with the district's Chief Medical Officer, will review and/or design an appropriate plan for the student athlete while the student is recovering.

*The JECSD CMT can utilize the NYSPHSAA website as well as www.keepyourheadinthegame.org for information related to the signs and symptoms of concussions and the appropriate return to play protocols. A handout describing the Concussion Management protocol is also available on the NYSPHSAA website. A Concussion Management Check List that has been approved and recommended by NYSPHSAA is available on this site.

JECSD Concussion Management Plan

The concussion program consists of four components:

- Education
- Proper sideline management/guidelines
- Proper Medical follow-up
- Proper Return to Play Protocol/Clearance back to athletics

Education/Information/Training

Each school coach, physical education teacher, nurse, and athletic trainer will have to complete an approved course on concussion management on a biannual basis.

- School coaches must complete the approved NFHS course. All NFHS courses are accessed at www.nfhslearn.com . The direct link to the Concussion Course is: <http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>.
- Physical education teachers must complete the Center for Disease Control (CDC) course or the above NFHS course.
www.cdc.gov/concussion/HeadsUp/online_training.html
- School nurses and certified athletic trainers must complete the concussion course. <http://preventingconcussions.org>

Education of parents will be accomplished through parent meetings, on the athletics website or in information provided to parents at the beginning of sports seasons. This education program covers the definition of concussion, signs/symptoms, guidelines for removal from play, guidelines for return to play, possible consequences of mistreatment of concussions.

The district will provide concussion management information and sign off with any parental permission forms. The concussion management and awareness information or the State Education Department's website will be made available on the athletics website.

This education program will be provided Biannually and will be overseen by Peer Soderberg, MD – Family Care Medical Group.

Proper Sideline Management

Coaches, nurses, athletic trainers and school physicians will be trained on the proper guidelines for removing a student-athlete from play. As per the NYSPHSAA regulation; any student removed from play because of suspected head injury cannot return to play on that day unless cleared by the school medical officer(s) approved by the JECSD.

Proper Medical Evaluation

It is imperative that an athlete who sustains a head injury be seen by a trained medical officer familiar with concussion signs and symptoms. If on-site evaluation is not available then student-athletes will be directed to the nearest hospital for emergency room care.

Proper Return to Play Protocol and Clearance

Once a student-athlete is diagnosed with a concussion, they should only be cleared back to athletics by the JECSD Chief Medical Officer, a Certified Physician. This does not include doctors of physical therapy or chiropractors.

No student should return to full athletics before going through a thorough return-to-play protocol. This is usually 6 step supervised program. Return to play following a concussion requires a stepwise progression once the individual is symptom free. There are many risks to premature return to play including: a greater risk for a second concussion because of a lower concussion threshold, second impact syndrome (abnormal brain blood flow that can result in death), exacerbation of any current symptoms, and possibly increased risk for additional injury due to alteration in balance. No student athlete should return to play if symptomatic. Students are prohibited from returning to play the day the concussion is suspected. If there is any doubt as to whether a student has sustained a concussion, it should be treated as a concussion. When in doubt, sit them out.

The following criteria will be utilized before any athlete is cleared to return to play:

Post-Concussion Management

- Asymptomatic during return to play protocol
- Cognitive rest requires the student athlete avoid participation in, or exposure to, activities that require concentration or mental stimulation.
- Physical rest includes getting adequate sleep, taking frequent rest periods, and avoiding physical activity that requires exertion.
- Return to school activities may begin once a medical provider clears the student and may recommend a gradual return to activities, after the student has been symptom free for 24 hours. For physical activities, please refer to Zurich Guidelines which can be found at www.nysphsaa.org.

The school nurse and/or certified athletic trainer will oversee return to play protocol. Final return-to-play decisions are made by the JECSD Chief Medical Officer or its designee; or a District-Approved Concussion Certified Physician. It is

suggested the student-athlete receive clearance from a Concussion Certified Physician. All documentation will be kept with the school nurse and athletic trainer; including but not limited to activities, signs/symptoms and response. Protocol will be documented and kept on record.

6 Step Supervised Return-to-play Program

Once the student athlete is symptom free at rest for 24 hours and has a signed release by the JECSD Chief Medical Officer, she/he may begin the return to play progression below (provided there are no other mitigating circumstances). A note from the JECSD CMO indicating “return to play/return to sports” following a head injury diagnoses will initiate the 6 step Return to-play Program. A general outline of this stepwise program is listed. The JECSD CMO may also require a sports specific 6 step Return-to-play for student-athletes.

Step 1: Light aerobic activity

Step 2: Sport-specific activity

Step 3: Non-contact training drills

Step 4: Full Contact training drills

Step 5: Full Contact practice

Step 6: Return to Play

Each step should take at least 24 hours so that an athlete would take approximately one week to proceed through the full rehabilitation protocol once they are asymptomatic at rest and with provocative exercise. If any post-concussion symptoms occur while in the stepwise program, then the student should drop back to the previous asymptomatic level and try to progress again after a further 24-hour period of rest has passed.

[These NYSPHAA current return-to-play recommendations are based on the most recent international expert opinion.]

[This 6 step return to play protocol has been designed in collaboration with the JECSD Chief Medical Officer, Jeffery Wike MD, Medical Director – Family Care Medical Group & the most current evidence based research.]

SECTION V

Coach and Advisor Responsibilities

A coach or advisor in the Jordan-Elbridge Central School District demonstrates the leadership necessary to help his or her participants grow as both individuals and as team members. A coach or advisor facilitates a balance between competition and enjoyment. He or she is a motivator, a teacher of skills, and a developer of character.

Coach and Advisor Roles

- The coach or advisor promotes the connection between the sport or activity to academic learning and character development.
- The coach or advisor maintains the flexibility required to work successfully with a diverse group of students. Each coach or advisor supports the complex needs of maturing adolescents. A coach or advisor is sensitive to the fact that different approaches will be needed for different individuals.
- The coach or advisor is expected to recognize the need for balance in the lives of students.

Hiring Process for Coaches and Advisors

Candidates indicate their interest by completing an online application form or by submitting a letter of interest. The timeline for postings is as follows:

- The District will post open positions as soon as possible.
- The District will post within school buildings and in local media outlets as appropriate.

Additional Hiring Steps Specific to Coaches

- The District will ask its current physical education staff to reach out to potential coaching candidates.
- The District will canvas Section 3 Director for possible candidates.

All candidates will be screened relative to certification, qualifications and experience. All coach and advisor appointments are one year in duration. All coaches and advisors are evaluated at the end of each season. All coaches and advisors need to re-apply at the end of their appointed year. Incumbent coaches or advisors with positive evaluations who have reapplied will be given preference for re-appointment. Specific to open coaching and advisor positions, preference will be given to members of the Jordan-Elbridge Teachers' Association.

Expectations for Coaches and Advisors

- A coach or advisor must be able to develop rapport with participants, parents, community groups, team personnel, the student body, the professional staff, the spectators, officials, and media representatives.
- A coach or advisor must work cooperatively with students, parents, staff, the Director of Health, Physical Education and Athletics and/or administration.
- A coach or advisor's public demeanor is to serve as a model for students.
- A coach or advisor is to regularly attend district meetings, clinics, special workshops and training opportunities. Membership in professional organizations and associations is to be maintained. Keeping abreast of current literature in professional journals, newspapers and magazines is expected.

- All coaches and advisors are to work together to enhance the development of their sport or activity across all levels.
- Although the head coach or advisor is to assume leadership responsibilities, independent thought should be encouraged from all staff members. Disagreements between coaches or advisors are to be discussed privately and as soon as possible.
- A coach or advisor must always bear in mind that his or her sport or activity is one part of the total program. Therefore, it is important to support, promote and cooperate with all the other coaches and advisors for the well-being of all programs.
- A coach or advisor is expected to cooperate with every faculty member.
- The coach or advisor is responsible for keeping practice areas/locker rooms in order.
- The coach or advisor is responsible for demonstrating to students the proper use of equipment.
- The coach or advisor is responsible for keeping storage areas and access to the facilities locked.

Pre-Season Planning for Athletics Only

The Director of Health, Physical Education and Athletics will meet with the head varsity coach prior to the beginning of the season in order to set goals. Head varsity coaches will oversee the program for their respective sports. The varsity coach will meet with coaches at the JV and modified levels to outline procedures and expectations. Coaches are required to have an articulated plan comprised of the following elements:

- Game strategies
- Game rules
- Game and practice schedules
- A process for distributing equipment, supplies, and uniforms

Coaches are also required to hold a team meeting, the first week of the season, in order to provide information on the following topics:

- On-line registration
- Academic eligibility
- Practice schedule for the season
- Game schedule for the season
- General expectations, procedures, and format of tryouts as applicable.

Tryouts

The duration of the tryout period will be at least three days and no more than five. Coaches will keep an attendance register during tryouts. Tryouts are closed to the public.

Cuts-Modified Level

The intent of the modified sports program is to provide all interested students with the opportunity to participate. As such, the District is committed to adding modified teams where needed. However, in the event that the number of interested students cannot be accommodated, the following guidelines will be followed:

- Coaches will notify students, relative to cuts, after the last tryout session or after school the next day.
- Coaches will communicate with individual students relative to the reasons for his or her non-selection.

Cuts-Junior Varsity and Varsity Levels

- Coaches will notify students, relative to cuts, after the last tryout session or after school the next day
- Coaches will communicate with individual students relative to the reasons for his or her non-selection.

Notes:

- ✓ Tryouts may be extended for a student only in the case of a legal absence.

In-Season Planning and Responsibilities for Athletics Only

The coach is expected to be on site fifteen minutes prior to all practices. At the JV and varsity levels, the coach is responsible for the supervision of his or her team from the beginning of practice until the end of practice. At the modified level, the coach is responsible for supervision until the last athlete has been picked up by his or her parent or has left the campus to walk home. The coach is to notify the athletic director or building administrator of any behavioral problems encountered at practice or games.

Note:

- ✓ These supervision responsibilities may be delegated to an assistant coach; however these supervision responsibilities may not be delegated to a manager, custodian, or parent.

Care of Equipment, Supplies, and Uniforms

The coach or advisor is responsible for maintaining a list of all equipment, supplies and uniforms issued to his or her team. A coach or advisor will complete and submit an end of season report. The coach or advisor's last paycheck will not be issued until all uniforms, equipment, supplies and keys have been returned to the athletic director or building administrator.

Transportation

Transportation requests for all sport contests will be made by the Director of Health, Physical Education and Athletics. Transportation requests for all extracurricular activities will be made by a building administrator. The head coach or advisor is to accompany his or her team on all bus trips. The coach, advisor, and participants are responsible for ensuring that the bus is clean at the end of each trip. Coaches and advisors are responsible for the conduct of their team. Any changes to a trip are to be communicated to the Director of Health, Physical Education and Athletics or a building administrator.

Facilities

It is the duty of the Director of Health, Physical Education and Athletics or advisor to arrange for the use of the facilities for practices, games or events. The coach or advisor is responsible for keeping the facilities as neat as possible. Custodians are responsible for the changeover between practices and games. A coach or advisor may not hold practice while a changeover is taking place. Locker rooms are to be secured when not in use. The coach or advisor is responsible for locking the building if there is no custodian on duty at the end of a practice, contest, and/or event. District procedures are to be followed when opening or closing the gym dividers.

Emergency School Closings

When school is closed, all related activities, including athletic events and student activities, will be suspended for that day and evening. Should the District close early and send students home all practice, contests, and events are cancelled. When after school activities are cancelled, all

practices contests and events are cancelled. Per the Superintendent's discretion, exceptions may include any extra-curricular activities involving multiple schools that cannot be rescheduled.

Use of Facilities on Weekends and during Holidays and School Vacations

The use of school facilities on the weekend and during holidays and school vacations has to be approved by the athletic director and/or a building administrator.

Accident/Injury Related Procedures

Responsibilities of the coach or advisor include:

- Submitting an accident report to the Director of Health, Physical Education and Athletics and athletic trainer or building administrator within 24 hours of the incident;
- Restricting a student's participation until a signed medical release has been received.

Responsibilities of the student include:

- Reporting all injuries to the adult in charge;
- Informing the adult in charge if you are seen by a doctor;
- Providing a signed medical release to the adult in charge prior to resuming participation.

Responsibilities of the student's parent include:

- Submitting a District claim form to the business office;
- Filing a claim under his or her own policy and if a balance remains filing a claim under the school's policy.

Responsibilities of the school nurse include:

- Sending a copy of the accident report to the business office;
- Maintaining a file of all accident reports;
- Maintaining a file of all signed medical releases;
- Issuing a copy of said release to the student to provide to his or her coach or advisor.

Officials (Athletics Only)

All requests for officials are made by the Director of Health, Physical Education and Athletics. Coaches will be notified accordingly.

Media (Athletics Only)

The head coach is responsible for providing information to the *Syracuse Post Standard* and the *Auburn Citizen* following a contest. The head coach is also responsible for providing a summary of each contest to the Director of Health, Physical Education and Athletics.

Emergency Procedures

The coach, advisor or AT is required to have the first aid kit and student contact information in his or her possession at every practice, game or event. Additionally an AED must be present at all home games or events.

Coach or Advisor End of Season Responsibilities

- Submit an end-of-season report to the Director of Health, Physical Education and Athletics or building administrator;
- Return all equipment, unused supplies, and uniforms to the Director of Health, Physical Education and Athletics or building administrator;

- Label any equipment that is in need of repair or reconditioning and return it to the Director of Health, Physical Education and Athletics or building administrator;
- Return all keys to the Director of Health, Physical Education and Athletics or building administrator;
- Submit a list of participants who did not return school-issued equipment or uniforms to the Director of Health, Physical Education and Athletics or building administrator.

Additional Responsibilities (Athletics Only)

The head varsity coach is responsible for preparing a budget for his or sport that is in keeping with the parameters communicated by the Director of Health, Physical Education and Athletics. The head varsity coach is also responsible for responding to college inquiries regarding individual athletes. All head coaches are to attend the athletic awards banquet and the senior athlete awards banquet. All head coaches are responsible for summarizing the season and presenting the most valuable player and coach's awards to his or her respective team members.

Section Three Scholar Athlete Award

This award is presented to one male and one female student at the section three scholar athlete dinner. The criteria for the award, as determined by the section three athletics association are as follows:

- The student must be a senior.
- The student must have earned at least two varsity letters during his or her junior and senior years.
- The student must have earned the highest un-weighted GPA in his or her class.

Senior Athlete of the Year Award

This award is presented to one male and one female student at the senior athlete awards banquet. The process is as follows:

- All varsity coaches submit nominations which comprise the ballot.
- All varsity coaches place their votes.
- The male athlete and the female athlete with the most votes are selected to receive the award.

Eagle Pride Award

This award is presented to one male and one female student at the senior athlete awards banquet. The process is as follows:

- Members of the varsity club submit nominations which comprise the ballot.
- All varsity club members place their votes.
- The male athlete and the female athlete with the most votes are selected to receive the award.

SECTION VI

Head Varsity Coach Job Description

Qualifications

- Possesses New York State physical education teacher certification or NYS coaching certification

- Has the ability to organize and supervise a total sports program
- Has previous coaching experience
- Possesses substantial knowledge of the technical aspects of the sport
- Has current first aid, AED, and CPR certifications

Reporting Mechanism

- A head varsity coach reports to the Director of Health, Physical Education and Athletics.

Roles

- Coordinates the sports program at 3 levels: varsity, junior varsity, and modified
- Oversees all other coaches
- Facilitates a positive working relationship with the surrounding sport-specific youth programs

Responsibilities

- Instructs athletes in the fundamental skills, strategies and physical training necessary to realize a degree of individual and team success
- Instructs athletes in the pride of accomplishment and self-discipline

Duties

- Conducts orientation programs for parents, athletes and other coaches
- Assists the Director of Health, Physical Education and Athletics in schedule development
- Develops procedures for open communication with parents and athletes
- Responds to college inquiries about athletes and facilitate communication among all relevant parties as appropriate
- Establishes positive relationships between varsity and youth community recreational programs
- Oversees budget preparation and requests
- Maintains equipment
- Supervises athletes at practice and games
- Enforces the District's Code of Conduct
- Ensures all sign-up procedures are followed
- Coordinates a pre-season parent and student information meeting
- Distributes team rosters and contest schedules to all players and parents
- Monitors athlete attendance, behavior, and academic status
- Interacts with the press in accordance with District policy
- Attends section, league and district-sponsored meetings
- Attends athletic award nights and the senior athlete award banquet
- Selects award recipients
- Submits reports by the designated date
- Develops students' sportsmanship
- Develops students' conditioning
- Provides appropriate skill training
- Provides appropriate game preparation
- Has the ability to provide first-aid and CPR
- Interacts with all relevant parties following injury to an athlete
- Ensures that an athlete is cleared by his or her primary care physician or specialist, the school's doctor, the school nurse, and the athletic trainer in order to return to practice

Junior-Varsity/Modified Coach Job Description

Qualifications

- Possesses New York State physical education teacher certification or NYS coaching certification
- Has the ability to support the organization and supervision of a sports program
- Has previous coaching experience
- Possesses knowledge of the technical aspects of the sport
- Has current first aid, AED, and CPR certifications

Reporting Mechanism

- A JV or modified coach reports to head coach and the Director of Health, Physical Education and Athletics.

Responsibilities

- Supports the instruction of athletes in the fundamental skills, strategies and physical training necessary for them to realize a degree of individual and team success
- Supports the instruction of athletes in the pride of accomplishment and self-discipline
- Creates a balance between competition and participation. At the modified level coaches are to provide opportunities for all students to participate and develop their skills.

Duties

- Helps conduct orientation programs for parents, athletes and other coaches
- Assists the head coach and Director of Health, Physical Education and Athletics in schedule development
- Helps develop procedures for open communication with parents and athletes
- Helps establish positive relationships between varsity and youth community recreational programs
- Helps maintain equipment
- Helps supervise athletes at practice and games
- Helps enforce the District's code of conduct
- Helps ensure all sign-up procedures are followed
- Helps coordinate a pre-season parent and student information meeting
- Helps distribute team rosters and contest schedules to all players and parents
- Helps monitor athlete attendance, behavior, and academic status
- Helps develop students' sportsmanship
- Helps develop students' conditioning
- Helps provide appropriate skill training
- Helps provide appropriate game preparation
- Has the ability to provide first-aid and CPR

Director of Health, Physical Education and Athletics Job Description

Qualifications

- Possesses valid New York State teacher certification in physical education and administrator certification
- Has previous experience as a coach
- Has knowledge of the overall operation of the athletic program

Reporting Mechanism

- The Director of Health, Physical Education and Athletics reports to the superintendent.

Roles

- Supervises coaches and other personnel involved in the District's athletic program
- Provides overall leadership, supervision and coordination of all sports programs

Duties

- Supervises the implementation of the District's interscholastic policies and procedures
- Supervises the implementation of the rules and bylaws of Section III
- Makes recommendations for the improvement of facilities
- Schedules all interscholastic contests
- Approves the publication of schedules
- Procures officials and supervise the payment of fees
- Interprets board policy for coaches
- Submits financial reports to the superintendent
- Makes travel, lodging, and meal arrangements for all interscholastic teams as needed
- Serves as the manager for all league and tournament playoff activities that are assigned to the school district
- Sends reminders of upcoming events to schools and officials
- Cancels or postpone contracted contests, officials and transportation because of weather or other hazardous conditions
- Maintains permanent records for each sport
- Assumes responsibility at all home interscholastic contests and for the accounting and deposit of game receipts
- Arranges for EMS and fire department services for varsity home contests
- Plans, organizes and supervises all athletic awards programs
- Represents the school at league, conference and state meetings
- Performs other duties as the superintendent may direct
- Observes coaches and make recommendations
- Evaluates each coach at the close of the sports season
- Resolves conflicts within the ranks of the athletic department
- Works with coaches and administrators to develop the annual athletic budget
- Reviews the policy handbook annually
- Evaluates and seeks ways of improving the interscholastic athletic program
- Presents recommendations for changes in policies to the superintendent
- Formulates interscholastic athletic program targets
- Maintains a permanent file of medical examinations, insurance forms, records, parent consent forms, insurance payments and emergency treatment forms
- Maintains a file of all athlete suspensions and expulsions
- Monitors academic eligibility of athletes
- Works with the principal, student government advisors, cheerleading advisors and coaches to schedule athletic assemblies and pep rallies
- Schedules physical examinations
- Attends all home varsity athletic contests and/or arrange for proper supervision.
- Coordinates and supervise all radio and television broadcasts including the operation of the public address system
- Promotes publicity for all interscholastic sports
- Attends most athletic booster club meetings

- Serves as a liaison between the coaches and the athletic booster club
- Coordinates pre-season information meetings with coaches, parent, and students
- Evaluates equipment requests from authorized coaches
- Coordinates the use of school athletic facilities for teams within the district
- Coordinates the use of facilities by community groups
- Provides for the cleaning, repairing and storing of all athletic equipment
- Maintains an accurate inventory of all equipment
- Works with the AT to establish procedures for the management and safe operation of the training room
- Coordinates all repair and maintenance activities related to facility upkeep for varsity with the supervisor of buildings, grounds, and maintenance
- Manages athletic facilities and control access by all user groups
- Coordinates the necessary arrangements to have personnel on site in charge of parking and security
- Issues keys to athletic facilities in coordination with the supervisor of buildings, grounds and maintenance
- Develops and implements policies for operation and supervision of the press boxes

VII. EXPECTATIONS OF PARENTS

A parent of a Jordan-Elbridge participant will demonstrate:

- Support for the students, the coach or advisor, the officials, other parents, and spectators or audience members;
- Support for the enforcement of academic eligibility and the District's Code of Conduct;
- Support of discipline decisions;
- Abidance of individual coach or advisor's policies;
- A willingness to follow the chain of command.

A parent of a Jordan-Elbridge participant agrees to:

- Attend meetings;
- Review the handbook ;
- Sign and abide by policies;
- Following a contest, please wait 24 hours before addressing concerns to a coach
- Supervise own children at contests or events.

VIII. EXPECTATIONS OF SPECTATORS

The expectations for the conduct of spectators include:

- Support for the students, the coach or advisor, the officials, other parents, and spectators or audience members;
- Abidance to all school policies including those specific to possession and/or being under the influence of drugs, alcohol or tobacco products;
- Supervision of own children at contests or events.

IX. CONTEST/EVENT MANAGEMENT

The activities below are the responsibility of the athletic director and administration:

Before the contest or event

- Arrange for chaperones;
- Provide supervised parking and arrange for adequate support services;
- Make announcement relative to spectator or audience expectations;
- Make sure AED and first aid equipment is available.

During the contest or event

- Provide adequate supervision of students and facilities.

After the contest or event

- Direct the route of movement for visiting team or group buses.
- Facilitate orderly movement of traffic lines for cars leaving the parking area.

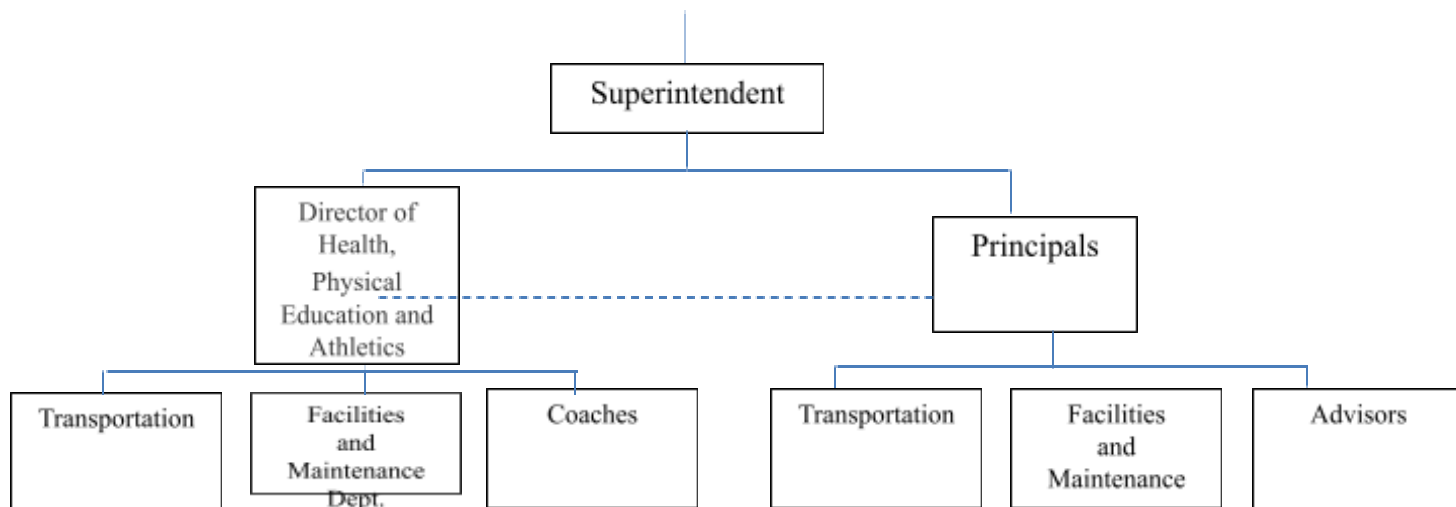
X. FACILITIES & TRANSPORTATION

- The Director of Health, Physical Education and Athletics, administration, and the staff of the buildings, grounds and maintenance department will communicate on a regular basis to review facility needs.
- The Director of Health, Physical Education and Athletics and administration will ensure that the buildings, grounds and maintenance staff have a copy of all practice and game schedule and a copy of all fine rehearsals and events.
- The Director of Health, Physical Education and Athletics and administration will communicate with transportation personnel specific to program need.
- Buses and drivers will remain on site at athletic events and extracurricular activities.

XI. DISTRICT RESPONSIBILITIES

- Outlined below is the organizational structure for the Jordan-Elbridge Athletic and Extracurricular programs

BOE



XII. Appendix

Jordan-Elbridge Sports Online Registration Directions
NYSED Physical Form
Athletics Academic Probation Form
Athletics Academic Probation Flow Chart
Parent/Athlete Concussion Information Sheet
Authorization for Return Transportation
Athletic Department Performance Standards/Evaluations
JE Community Sports Boosters
Transportation Student Sign-Out Sheet
Parent Meeting Sign-In Sheet

JE Sports Online Registration Directions

Follow these steps:

1. To find your program, (Go to jecsd.org athletics page and click a link on the blue button) Next click on the green **Register Now** button and scroll, if necessary, to the **Create Account/Log In** green buttons. If this is your first time using FamilyID, click **Create Account**. Click **Log In**, if you already have a FamilyID account.
2. **Create** your secure FamilyID account by entering the account owner First and Last names (parent/guardian), E-mail address and password. Select **I Agree** to the FamilyID Terms of Service. Click **Create Account**.
3. You will receive an email with a link to activate your new account. (If you don't see the email, check your E-mail filters (spam, junk, etc.).)
4. Click on the link in your activation E-mail, which will log you in to FamilyID.com
5. Once in the registration form, complete the information requested. All fields with a red* are required to have an answer.
6. Click the **Save & Continue** button when your form is complete.
7. Review your registration summary.
8. Click the green **Submit** button. After selecting 'Submit', the registration will be complete. You will receive a completion email from Family ID confirming your registration.

All students must have a current physical in order to participate. If the physical is more than 30 days before the start of the sports' date, student-athletes must electronically complete a health review form. To complete the process electronically, click on the 'Register Now' button above.

All sports related forms will be processed electronically by clicking on the button above. These forms include: the code of conduct agreement, the concussion protocol, and health review. The only forms that should be returned to coaches are the *pink emergency cards* and the *authorization of transportation form*.

REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM TO BE COMPLETED IN ENTIRETY BY PRIVATE HEALTH CARE PROVIDER OR SCHOOL MEDICAL DIRECTOR					
Note: NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special education (CPSE).					
STUDENT INFORMATION					
Name:			Sex: <input type="checkbox"/> M <input type="checkbox"/> F		DOB:
School:			Grade:		Exam Date:
HEALTH HISTORY					
Allergies <input type="checkbox"/> No <input type="checkbox"/> Yes, indicate type:		<input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Food <input type="checkbox"/> Insects <input type="checkbox"/> Latex <input type="checkbox"/> Medication <input type="checkbox"/> Environmental		<input type="checkbox"/> Anaphylaxis Care Plan Attached	
Asthma <input type="checkbox"/> No <input type="checkbox"/> Yes, indicate type:		<input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Intermittent <input type="checkbox"/> Persistent <input type="checkbox"/> Other: _____		<input type="checkbox"/> Asthma Care Plan Attached	
Seizures <input type="checkbox"/> No <input type="checkbox"/> Yes, indicate type:		<input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Type: _____		<input type="checkbox"/> Seizure Care Plan Attached Date of last seizure: _____	
Diabetes <input type="checkbox"/> No <input type="checkbox"/> Yes, indicate type:		<input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2 <input type="checkbox"/> HbA1c results: _____ Date Drawn: _____		<input type="checkbox"/> Diabetes Medical Mgmt. Plan Attached	
Risk Factors for Diabetes or Pre-Diabetes: Consider screening for T2DM if BMI% > 85% and has 2 or more risk factors: Family Hx T2DM, Ethnicity, Sx Insulin Resistance, Gestational Hx of Mother, and/or pre-diabetes.					
BMI _____ kg/m ² Percentile (Weight Status Category): <input type="checkbox"/> <5 th <input type="checkbox"/> 5 th -49 th <input type="checkbox"/> 50 th -84 th <input type="checkbox"/> 85 th -94 th <input type="checkbox"/> 95 th -98 th <input type="checkbox"/> 99 th and >					
Hyperlipidemia: <input type="checkbox"/> No <input type="checkbox"/> Yes Hypertension: <input type="checkbox"/> No <input type="checkbox"/> Yes					
PHYSICAL EXAMINATION/ASSESSMENT					
Height:		Weight:		BP:	
				Pulse:	
				Respirations:	
TESTS	Positive	Negative	Date	Other Pertinent Medical Concerns	
PPD/ PRN	<input type="checkbox"/>	<input type="checkbox"/>		One Functioning: <input type="checkbox"/> Eye <input type="checkbox"/> Kidney <input type="checkbox"/> Testicle	
Sickle Cell Screen/PRN	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/> Concussion – Last Occurrence: _____	
Lead Level Required Grades Pre- K & K			Date	<input type="checkbox"/> Mental Health: _____	
<input type="checkbox"/> Test Done <input type="checkbox"/> Lead Elevated > 10 µg/dL				<input type="checkbox"/> Other: _____	
<input type="checkbox"/> System Review and Exam Entirely Normal					
Check Any Assessment Boxes <u>Outside</u> Normal Limits And Note Below Under Abnormalities					
<input type="checkbox"/> HEENT	<input type="checkbox"/> Lymph nodes	<input type="checkbox"/> Abdomen	<input type="checkbox"/> Extremities	<input type="checkbox"/> Speech	
<input type="checkbox"/> Dental	<input type="checkbox"/> Cardiovascular	<input type="checkbox"/> Back/Spine	<input type="checkbox"/> Skin	<input type="checkbox"/> Social Emotional	
<input type="checkbox"/> Neck	<input type="checkbox"/> Lungs	<input type="checkbox"/> Genitourinary	<input type="checkbox"/> Neurological	<input type="checkbox"/> Musculoskeletal	
<input type="checkbox"/> Assessment/Abnormalities Noted/Recommendations:				Diagnoses/Problems (list) ICD-10 Code _____ _____ _____	
<input type="checkbox"/> Additional Information Attached					

Name:			DOB:	
SCREENINGS				
Vision	Right	Left	Referral	Notes
Distance Acuity	20/	20/	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Distance Acuity With Lenses	20/	20/		
Vision - Near Vision	20/	20/		
Vision - Color	<input type="checkbox"/> Pass <input type="checkbox"/> Fail			
Hearing	Right dB	Left dB	Referral	
Pure Tone Screening			<input type="checkbox"/> Yes <input type="checkbox"/> No	
Scoliosis Required for boys grade 9 And girls grades 5 & 7	Negative	Positive	Referral	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Deviation Degree:	Trunk Rotation Angle:			
Recommendations:				
RECOMMENDATIONS FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS/PLAYGROUND/WORK				
<input type="checkbox"/> Full Activity without restrictions including Physical Education and Athletics.				
<input type="checkbox"/> Restrictions/Adaptations Use the Interscholastic Sports Categories (below) for Restrictions or modifications				
<input type="checkbox"/> No Contact Sports Includes: baseball, basketball, competitive cheerleading, field hockey, football, ice hockey, lacrosse, soccer, softball, volleyball, and wrestling				
<input type="checkbox"/> No Non-Contact Sports Includes: archery, badminton, bowling, cross-country, fencing, golf, gymnastics, rifle, Skiing, swimming and diving, tennis, and track & field				
<input type="checkbox"/> Other Restrictions:				
<input type="checkbox"/> Developmental Stage for Athletic Placement Process ONLY Grades 7 & 8 to play at high school level OR Grades 9-12 to play middle school level sports Student is at Tanner Stage: <input type="checkbox"/> I <input type="checkbox"/> II <input type="checkbox"/> III <input type="checkbox"/> IV <input type="checkbox"/> V				
<input type="checkbox"/> Accommodations: Use additional space below to explain				
<input type="checkbox"/> Brace*/Orthotic <input type="checkbox"/> Colostomy Appliance* <input type="checkbox"/> Hearing Aids <input type="checkbox"/> Insulin Pump/Insulin Sensor* <input type="checkbox"/> Medical/Prosthetic Device* <input type="checkbox"/> Pacemaker/Defibrillator* <input type="checkbox"/> Protective Equipment <input type="checkbox"/> Sport Safety Goggles <input type="checkbox"/> Other:				
*Check with athletic governing body if prior approval/form completion required for use of device at athletic competitions.				
Explain:				
MEDICATIONS				
<input type="checkbox"/> Order Form for Medication(s) Needed at School attached				
List medications taken at home:				
IMMUNIZATIONS				
<input type="checkbox"/> Record Attached <input type="checkbox"/> Reported in NYSIS Received Today: <input type="checkbox"/> Yes <input type="checkbox"/> No				
HEALTH CARE PROVIDER				
Medical Provider Signature:			Date:	
Provider Name: (please print)			Stamp:	
Provider Address:				
Phone:				
Fax:				
Please Return This Form To Your Child's School When Entirely Completed.				

ADMINISTRATIVE DISPOSITION
<input type="checkbox"/> Okay to compete
<input type="checkbox"/> Did not Meet requirements, cannot compete

JORDAN-ELBRIDGE HIGH SCHOOL EXTRACURRICULAR & ATHLETIC PROBATION FORM

STUDENT NAME: _____

Dear Teacher,

The above student is a participant in an extra-curricular activity and is currently failing our class. In accordance with our policy, her/she is being placed on Academic Probation. The student must demonstrate that they are performing satisfactorily in all of the categories listed below in your class. Students will be given this academic probation sheet as soon as failures have been identified via the six week grade reports. Student must turn this form into administration by the date noted below. Failure to turn in the sheet results in an automatic mark of unsatisfactory. Administration will notify coaches, advisors and parents if the student is not eligible to compete in activities for the upcoming week.

Subject: _____ **Teacher:** _____

	Performed Unsatisfactorily	Performed Satisfactorily	Performed Exceptionally	Comments:
For the Week of:				
Student arrived on time to class consistently				
Student completed all homework and classwork in a satisfactory manner.				
Student participated appropriately in class.				
Student sought extra help appropriately (Eagle Mod, study hall etc.)				

Teacher Signature: _____

Office Use: Do not write below

Received by Student

Time: _____

Date: _____

Date due back to Administration

Day: _____ **Date:** _____

Administrator: _____



JORDAN-ELBRIDGE
CENTRAL SCHOOL DISTRICT

High School: 5721 Hamilton Road • Mailing: P.O. Box 901, Jordan, NY 13080
Tel: (315) 689-8510 • Fax: (315) 689-1985 • www.jecsd.org

Dan Stadtmiller
Director of Health, Physical
Education, and Athletics
(315) 689-8510 x1007
dstadtmiller@jecsd.org

AUTHORIZATION FOR RETURN TRANSPORTATION

I, _____, am the parent of _____.
(Parent's name) (Student's name)

at the _____ within the Jordan-Elbridge Central School District.
(Middle/High School)

I hereby authorize the District to release the above named student to the following individuals for purposes of providing return transportation from an athletic contest or extracurricular activity.

Name of Authorized Individual(s)

Relationship to Student

Parent _____

Date: _____

(Signature of Parent)



HEAD COACH EVALUATION FORM

Coach: _____ Sport: _____ Date: _____

1 – Good 2 – Needs Improvement 3 – Unsatisfactory 4 – Not observed/N/A

ADMINISTRATIVE RESPONSIBILITIES:

_____ Cooperates with the athletic office regarding preseason paperwork (coach's paperwork, player registration compliance, practice schedules, team rosters, etc.).

_____ Communicates with assistant/program coaches in regards to roles, duties, and expectations.

_____ Cooperates with requests for information from the athletic office.

_____ Abides by all relevant School Committee policies, administrative directives, section 3 policies / regulations, and league / conference rules / regulations.

_____ Consults and communicates with the athletic director regarding any player discipline / issues, practice / game scheduling requests, parent concerns / problems, officiating concerns / problems, etc.

_____ Provides proper supervision of athletes at all times / venues (locker rooms, fields, gyms, busses and vehicles, practice area, locker rooms, etc.) whenever athletes are present.

_____ Follows proper budget and purchase order procedures with regards to any equipment / uniform purchases.

_____ Demonstrates proper care of school facilities and equipment.

_____ Maintains a detailed inventory of team equipment / uniforms and provides an updated report to the athletic department at the conclusion of each season.

_____ Submits an end-of-season report including a list of award winners in a timely fashion at the conclusion of each season of play.

_____ Maintains and updates team and individual student-athlete records regularly and in a timely manner.

_____ Works with the athletic department and media to publicize team and individual accomplishments.

_____ Communicates and works with the Jordan-Elbridge Community Sports Boosters to enhance athletic programs.

_____ Follows eligibility policies and enforces all rules within the JECSD extra-curricular/athletics handbook

RELATIONSHIPS:

- _____ Demonstrates enthusiasm for working with student-athletes.
- _____ Communicates effectively with all participating student-athletes and their parents.
- _____ Establishes and maintains good relations with school administration, faculty, and coaching staff.
- _____ Communicates effectively with, and demonstrates respect for, all opponents.
- _____ Communicates effectively with and demonstrates respect for game officials.
- _____ Promotes all school activities and encourages student-athletes to participate in a variety of activities.
- _____ Maintains cooperative relations with the media regarding team information, statistics, and interviews.
- _____ Shows an interest in the student-athletes' academic/school life experiences.
- _____ Communicates and cooperates with the athletic trainer in regards to student-athletes' physical well-being.
- _____ Communicates and works with coaches at all levels of programs to the betterment of the overall program and future participating student-athletes. .

COACHING PERFORMANCE:

- _____ Keeps the sport interesting and fun for participating student-athletes.
 - _____ Conducts themselves in a professional and sportsmanlike manner at all times.
 - _____ Teaches the fundamental philosophy, skills, and knowledge essential to the sport.
 - _____ Develops and communicates a well-organized practice plan/schedule.
 - _____ Uses personnel (participating student-athletes) and strategies effectively in game situations.
 - _____ Praises student-athletes for positive performances.
 - _____ Offers constructive criticism to student-athletes for poor performances.
 - _____ Maintains effective individual and team discipline at all practices and in games.
 - _____ Provides opportunities for all team members to participate, depending upon their ability and effort, while maintaining a competitive team.
 - _____ The team's performance reflects enthusiasm, motivation, proper fundamentals, and good sportsmanship.
 - _____ Works to learn new strategies and trends in the sport by attending coaches clinics and reading coaching publications.
-

DIRECTOR OF HEALTH, PHYSICAL EDUCATION, AND ATHLETICS COMMENTS:

HEAD COACH'S COMMENTS:

Coach will / will not be recommended for reappointment next school year.

The coach's signature indicates he/she has read this evaluation.

Head Coach's Signature

Date

Athletic Director's Signature

Date

JORDAN-ELBRIDGE CENTRAL SCHOOL DISTRICT ATHLETICS
HEAD COACH SELF-EVALUATION FORM

Coach: _____ Sport: _____ Date: _____

Assess the team's performance this season.

Assess your performance as a head coach this season.

What are your goals for the team next season?

What are your personal goals as a head coach next season?

List any suggestions or recommendations that you have for the Athletic Department that could help you achieve your team and personal goals?



ASSISTANT COACH EVALUATION

Coach: _____ Sport: _____ Date: _____

1 – Good 2 – Needs Improvement 3 – Unsatisfactory 4 – Not observed/N/A

ADMINISTRATIVE RESPONSIBILITIES:

- _____ Cooperates with head coach regarding preseason paperwork (rosters & compliance lists) prior to first practice.
- _____ Assists with the issuance and collection of player equipment.
- _____ Cooperates with requests for information from the athletic office on time.
- _____ Abides by all relevant Board of Education policies, administrative, section 3 and OHSL guidelines.
- _____ Publicizes team and individual accomplishments to the media and school (daily announcements).
- _____ Supervises practice area and locker room when athletes are present.
- _____ Demonstrates care of school facilities and equipment.
- _____ Assists in preparation of a detailed inventory of team equipment and updates it after each season.

RELATIONSHIPS:

- _____ Demonstrates enthusiasm for working with middle/high school athletes.
- _____ Cooperates with head coach regarding team philosophies, guidelines, and player expectations.
- _____ Communicates effectively with athletes and parents.
- _____ Establishes and maintains good rapport with faculty, administration, and coaching staff.
- _____ Promotes all school activities and encourages students to participate in a variety of activities.
- _____ Keeps commitments and is punctual.
- _____ Shows an interest in the athletes' academic experiences.
- _____ Supports team as well as individual accomplishments.
- _____ Cooperates with the athletic trainer in regards to athletes' physical well-being.

COACHING PERFORMANCE:

- _____ Conducts self in a professional and sportsmanlike manner at all times.
- _____ Teaches the fundamental philosophy, skills, and knowledge essential to the sport.
- _____ Develops a well-organized practice schedule with specific objectives for each practice.
- _____ Uses personnel and strategies effectively in games.
- _____ Praises athletes for positive performances.
- _____ Offers constructive criticism for poor performances.
- _____ Maintains effective individual and team discipline at practice and in games.
- _____ Provides opportunities for all members of the team to participate, depending upon their ability and effort, while maintaining a competitive squad.
- _____ Team's performance reflects enthusiasm, motivation, proper fundamentals, and sportsmanship.
- _____ Learns new strategies and trends in the sport by attending clinics and reading coaching publications.

DIRECTOR OF HEALTH, PE, AND ATHLETICS COMMENTS:

HEAD COACH'S COMMENTS:

ASSISTANT COACH'S COMMENTS:

Coach will / will not be recommended for reappointment next school year.

Assistant Coach's Signature

Date

Head Coach's Signature

Date

Director of Health, PE, and Athletics Signature

Date



JORDAN-ELBRIDGE CENTRAL SCHOOL DISTRICT

High School: 5721 Hamilton Road • Mailing: P.O. Box 901, Jordan, NY 13080
Tel: (315) 689-8510 • Fax: (315) 689-1985 • www.jecsd.org

ADVISOR EVALUATION:

ADVISOR:

ACTIVITY/CLUB:

DATE:

SUPERVISOR:

YEAR:

To be completed by the Advisor:

How frequent does, the activity/club meet?

Please list the activities your students participated in this school year.

How many students, on average, participate on a regular basis?

4-satisfactory, 3-fair, 2-needs improvement, 1-unacceptable, NA-not applicable

1.SUPERVISION AND ADMINISTRATION

A. Advises participants of rules/codes /expectations with consequences in writing at the onset of the activity/club	4	3	2	1	N/A
B. Promptness of action in response to requests from the building principal	4	3	2	1	N/A
C. Holds a parent meeting the first week of the activity/club	4	3	2	1	N/A
D. Is punctual when arriving to practices and meetings	4	3	2	1	N/A
E. Works with students who are academically ineligible	4	3	2	1	N/A
F. Works effectively with students in small or large groups	4	3	2	1	N/A
G. Uses media effectively to reward the effort of club/individuals	4	3	2	1	N/A
H. Establishes channels of communication for club member to use	4	3	2	1	N/A
I. Establishes channels of communication for parents to use	4	3	2	1	N/A
J. Submits budget requests in a timely manner	4	3	2	1	N/A
K. Has exact inventory of equipment/supplies	4	3	2	1	N/A

2. INSTRUCTIONAL PROCEDURE

A. Has command of material to be included in lesson	4	3	2	1	N/A
B. Uses time effectively and utilizes a plan daily	4	3	2	1	N/A
C. Deals consistently with disciplinary problems	4	3	2	1	N/A
D. Makes assignments and gives directions so that they are clearly understood	4	3	2	1	N/A
E. Demonstrates an ability to effectively motivate participants	4	3	2	1	N/A
F. Instills a "Team" attitude in students	4	3	2	1	N/A
G. Demonstrates a broad knowledge of the activity	4	3	2	1	N/A

4-satisfactory, 3-fair, 2-needs improvement, 1-unacceptable, NA-not applicable

3. PROGRAM LEADERSHIP

A. Demonstrates positive leadership qualities	4	3	2	1	N/A
B. Participates in school events	4	3	2	1	N/A
C. Demonstrates team spirit and unity	4	3	2	1	N/A
D. Accepts constructive criticism	4	3	2	1	N/A
E. Maintains self-control and is a role model for participants	4	3	2	1	N/A
F. Develop and monitor goals for the activity/club	4	3	2	1	N/A
G. Exhibits good relationships with parents, staff and participants	4	3	2	1	N/A

COMMENTS:

Advisor Signature

Date

Supervisor Signature

Date

[illegible]

