

2022 Jordan Elbridge Varsity Football Important Dates

Weight Room/Offensive Install- Wednesdays May 25 - Wednesday June 22
3:45 pm-5:30 pm HS fitness Center (offensive installs will be Wednesdays after the lift)

Weight Room - Friday May 20th-June 10th 3:15-4:30 pm HS Fitness Center.

***Summer Weight Room-** Monday/Tuesday/Thursdays 3:00 pm-5:30 pm. Starts July 5th-August 18th.

7-on-7 League- Tuesdays 5:30-8:00 with Onondaga HS. Start date is tentative for July 5th to August 16th. Sites will alternate between OCS and Howes.

4-Day Mini-Camp-Monday June 7th-Thursdays June 30th, 3:00-5:30
Equipment (helmets, shoulder pads, practice jersey) will be handed out on Thursday June 23rd at 3:30 pm at the Field House.

Physicals!!!!!! You need a current physical submitted to the School Nurse by 8/18/22
SCHOOL PHYSICALS ARE Wednesday August 10th and 17th. **NO REASON TO BE LACKING A PHYSICAL the first day of practice.**

Equipment Hand Out - August 18th 9:00 am- 10:30 am. MANDATORY (I will **NOT** hand out gear the first day of practice. Be here!!)

2022 Season Begins- ALL PRACTICES FROM THIS POINT ARE MANDATORY!! WK #1
Monday August 22, report to the locker room by 7:00 am, do not be late!! Practices will run 7:00 am-11:30 am Monday through Friday. Saturday August 27 practice is 8:00 am to 10:30 am.

WK #2- Practice is Monday-Wednesday (8/29-8/31) 7:00 am-11:30 am.
Thursday-Friday (9/1-9/2) 3:30 pm-6:00 pm.

Scrimmage-Saturday 9/3 @ Southern Hills HS. 10:00 am

Labor Day 9/5/22-Yes we have practice! Our first game is Thursday night!!!! Practice is 8:00 am-10:30 am.

Practice 9/6/22-through the end of the season will be 3:30-6:00 unless noted.

Alternate Weight Room Hours are Tues/Thurs 9:30-11:00 am, Wednesdays 4-5:30

Please note that attendance will be taken for all summer activities. This will dictate who gets first pick for game uniforms and numbers.

